



Fit City Adventures is a premier lifestyle concierge that provides unique experiences, group fitness classes, recreational activities and wellness events for groups that want to take team building to the next level with an active twist.



See full menu & video

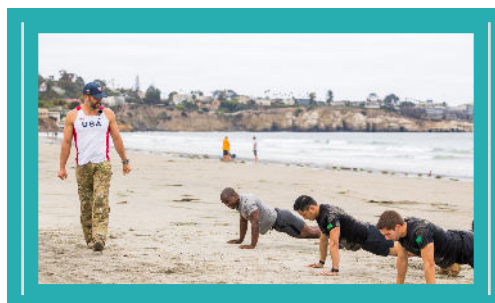
FIT CITY VIP EXPERIENCES



BOXING BOOTCAMP

This HIIT workout is perfect for a fun team to get into it and challenge each other while sweating to the beats. The circuits and drills will leave you all revved up and ready to go!

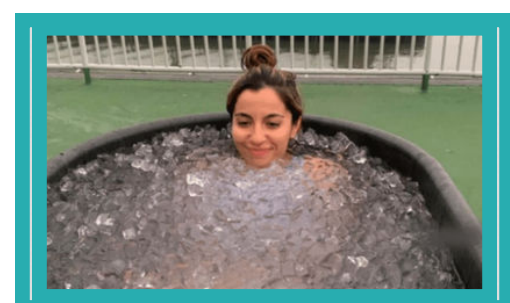
(Minimum: 30, Maximum: 100)



NAVY SEAL WORKOUT

Join our military expert e.g. Navy Seal for a dynamic experience designed to elevate your mindset and motivation. It will include a grounding meditation/mantra, some breathing (wim hof style) and chat on focus and mindset

(Minimum: 25, No maximum)



ICE BATH & BREATHWORK

Bring the latest health craze to you with ice baths and breathwork at the resort. Our instructor will guide a 30-minute breathwork class, followed by a plunge into a cold ice bath.

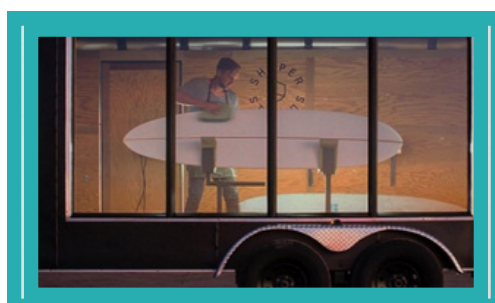
(Minimum: 10, Maximum: 50)



TAYLORMADE EXPERIENCE

An experience where precision meets innovation in both our golf equipment and corporate culture. Enjoy golf simulation zones, and celebrate achievements with our finely tuned recognition programs.

(Minimum: 10, Maximum: 100)



SURF & SHAPE THE BOARD

Dive into the thrill of surfing while crafting your own surfboard, promoting teamwork, communication, and a shared sense of accomplishment

(Minimum: 10, Maximum: 20)



JET SURF

Ride the waves and Experience the thrill, speed, and innovation of this unique aquatic adventure, perfect for both seasoned surfers and newcomers seeking an unforgettable ride.

(Minimum: 5, Maximum: 10)



EFOIL PADDLEBOARD

Experience the future of water sports with the Efoil Paddleboard—an innovative blend of elegance and technology. Glide effortlessly above the water, powered by an electric hydrofoil system.

(Minimum: 5, Maximum: 10)



DIRT BIKE

Embark on an adrenaline-fueled journey with mountain biking or dirt biking. Navigate rugged trails and conquer challenging terrain as you ride through nature's twists and turns.

(Minimum: 10, Maximum: 20)



SHARK FISHING

Join skilled anglers, gear up, and cast your line into the deep. Feel the excitement of reeling in powerful sharks in the company of a passionate sea-loving crew. It's more than just fishing!

(Minimum: 10, Maximum: 20)



ROAD CYCLING

Pedal through scenic landscapes, feel the wind, and embrace the freedom of the open road. Whether you're a beginner or seasoned rider, it's a thrilling adventure with every turn.

(Minimum: 10, Maximum: 25)



PRIVATE SKATEBOARD SESSION

Experience exclusive skateboarding thrills with our private sessions. Perfect for all levels, get personalized guidance on ramps and rails from expert instructors for a unique ride.

(Minimum: 10, Maximum: 25)



SURF & TURF DAY

Experience the best of land and sea with our Surf and Turf Day! Enjoy thrilling surf sessions, followed by a gourmet feast featuring succulent meats. It's a perfect blend of excitement and indulgence in one unforgettable day.

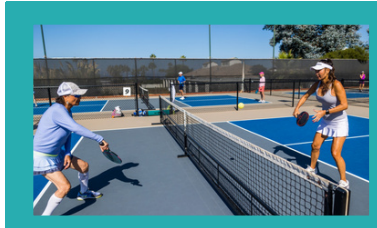
(Minimum: 25, Maximum: 100)



SUSHI & SAKE

Create two custom sushi rolls and feature a number of appetizers for the group to create and enjoy together at the hotel.

(Minimum: 25, Maximum: 100)



PICKLEBALL

This unique event brings pros of the fastest growing sport, pickleball, to you or a nearby court in a training and fun competitive event that is fun for all levels.

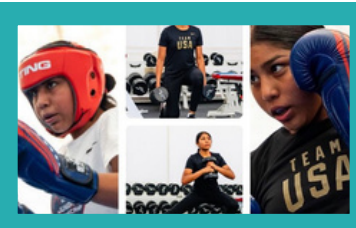
(Minimum: 20, Maximum: 100)



VOLLEYBALL

Join beach volleyball pros for a fun, competitive event with drills, skills, and round-robin games. Optimize the experience with a bonfire.

(Minimum: 25, Maximum: 100)



OLYMPIC TRAINING CENTER

Enter the epicenter of athletic excellence at the Olympic Training Center. Experience cutting-edge facilities where elite athletes train for greatness.

(Minimum: 25, Maximum: 100)