



**Fit City**  
ADVENTURES®

# EXPERIENCES MENU

*See the city in a fun, fit way!*



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www.fitcityadventures.com

# KEEP YOUR CREW & CULTURE STRONG

Click to watch!



# OUR MISSION

To cultivate and inspire meaningful human connections through **active team building and wellness programming** while giving back to our community.

## Our Community Partners:



FIT CITY ADVENTURES





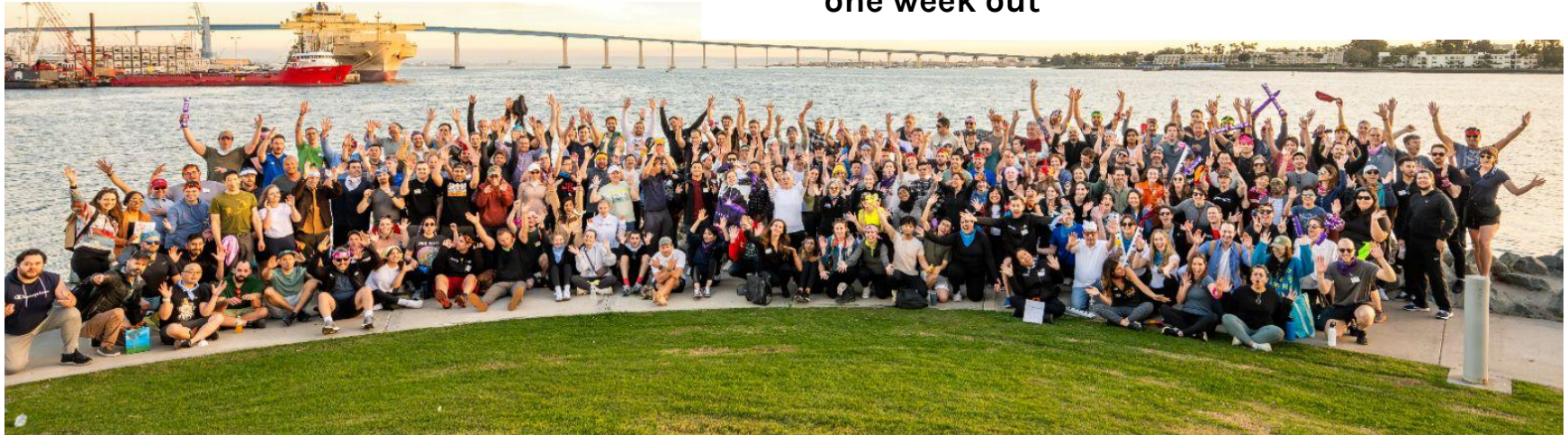
# HOW WE WORK



We are a **one-stop-shop lifestyle concierge** with over 100+ events! We handle all details and book 4-6 weeks out.

- We bring it all! Just need **space, onsite AV, power and water.**
- We are in **20 cities** all listed on [www.fitcityadventures.com](http://www.fitcityadventures.com).
- We have a **sales and event experience team and onsite day staff** handling waivers and photos for all events

- Our sales team turns around proposals in **48 hours**
- Headcounts are due **2 weeks out**
- **Minimums are 20 or 25**, but can accommodate VIP groups
- We can **customize** with notice and even brand gifts
- Event Experience team creates **Ops Orders one week out**





# EXPERIENCES

ON PROPERTY, YOUR OFFICE OR OUTDOOR LOCATION

## WELLNESS



## TEAM BUILDING



## COMMUNITY SERVICE



## ADD-ONS



[CLICK TO JUMP TO CATEGORY](#)



# WHAT'S NEW THIS SEASON



1. Ebike Scavenger Hunt
2. Wilderness Training & Survival Olympics
3. Yoga city tours
4. Mandala sand art & sand castle battle
5. Aquafit Classes: Trampoline, Box & Paddlefit
6. Activation Stations: Tarot, palm & crystal readings
7. Paint throwing & upcycling
8. Giveback Kits: Cornhole & Kid's Playhouse

Ask us for more details





# WELLNESS





### Rise & Shine Bootcamp

starting at \$2,000 in group of 50

Include stops along the route for bodyweight exercises like squats, lunges and aerobics exercises.

Length: 1 hr

Min/Max: no minimum, no max

Inclusions: All Staff, instructor, & gratuity, equipment, pre-event and event coordination, photography

### Pace Partners Run

starting at \$100/person

Features pace partners for the group that lead and follow and head out around the resort for a 2-3 mile run.

Length: 1 hr

Min/Max: 25 minimum, no max

Inclusions: Staff, pre-event and event coordination, instructor, instructor time, gratuity, photography





### Boxing Bootcamp

This HIIT workout is perfect for a team to get into it and challenge each other while sweating to the beats. Will have you use your full body style workout.

Length: 1 hr

Min/Max: 30 minimum, no max

Inclusions: All staff and equipment, pre-event and event coordination, instructor time, gym time, all gear (pads, gloves, wraps & towels), gratuity, photography

starting at \$85/person

### Cardio Hip Hop

Move and groove to the beat with this beginner's Cardio Hip Hop class and learn a fun instagrammable dance routine to a popular song and get a workout at the same time!

Length: 1 hr

Min/Max: 25 minimum, no max

Inclusions: All Staff, instructor, & gratuity, equipment including music/speaker; pre-event choreography time and event coordination, photography

starting at \$2,000 in group of 50



FIT CITY ADVENTURES

### Yoga & Meditation

starting at \$2,000 in group of 50

This one-hour slow-flow vinyasa-style yoga is perfect for all levels. It begins with deep breathing to awaken the body and moves into basic yoga poses, guided by the instructor and relaxing music. The class will wind down with a meditation.

Length: 1 hr

Min/Max: no minimum, no max

Inclusions: All Staff, instructor, & gratuity  
equipment including mats, music/speaker, pre-event and event coordination,

### Barre & Bands Pilates

starting at \$2,000 in group of 50

Workout class with pilates bodyweight movements to tone and target smaller muscles, keep body lean, & mean!

Length: 1 hr

Min/Max: no minimum, no max

Inclusions: All Staff, instructor, & gratuity  
Equipment, pre-event and event coordination,  
photography





## Mindfulness & Self Care

### Relax & Restore

Unwind with your choice of activation stations, selecting from 3-4 services such as massage, stretch & sound, breathwork, acupressure, and reiki, complete with essential oils and CBD lotion.

Length: 2 hrs +

Min/Max: 25 minimum, no max

Inclusions: All staffing, all equipment, practitioners, massage chairs, cleaning supplies, set up and breakdown, pre-event and event coordination, gratuity, photography

starting at \$10,000

### The Zen Den

Find your Zen with our Zen Den meditation experience. Head sets with iPad and pre-loaded Guided Meditation with Binaural Beats and other meditation sounds. These headsets offer a break in the day and great to use while getting massages!

Length: 1 hr+

Inclusions: 10 Soundoff headsets, delivery / setup, transmitter with ipad, Diffusers and essential oils  
Mandala coloring books and pencils/markers  
Pre-event and event coordination

\$3,500 per day (up to 8 hrs)



### Tai Chi

starting at \$2,000 in group of 50

Learn the ancient art of Tai Chi and Qi Gong in a moving meditation to combine the mind, body & soul.

Length: 1 hr

Min/Max: no minimum, no max

Inclusions: All staffing, equipment, photography, pre-event and on-site event coordination, gratuity

### Stretch & Sound Meditation

starting at \$2,000 in group of 50

Join us for a brain break with light stretching, a guided meditation, breathing and sound instruments to calm the mind and start the day with a strong mind and body.

Length: 20-45 min

Min/Max: no minimum, no max

Inclusions: All Staff, instructor, & gratuity, equipment including music/speaker, pre-event and event coordination, photography





### Gratitude Goals & Vision

starting at \$2,000 up to 50 people

Set goals through journal prompts, affirmations and boost energy & mood. Work through exercises with breaks for you to meditate and journal throughout.

Length: 1 hr

Min/Max: no minimum, no max

Inclusions: All staffing, equipment, photography, pre-event and on-site event coordination, gratuity

### Massage

starting at \$350/hr

Treat yourself to the ultimate relaxation with a private massage therapists in 10-minute mini massages with sign up list so guests do not have to wait in line..

Length: 1 hr

Min/Max: Min 4 hours

Inclusions: All staff, massage therapists, & gratuity, pre-event and event coordination, photography



### Make Your Own Essential Oils

Promote wellness with this homemade recipe that will give you an at-home spa experience like no other.

Length: 1 hr

Min/Max: 25 minimum, no max

Inclusions: All staffing, all equipment, hosting and instructor class, kit packaging and all products, pre-event and event coordination, taxes and gratuity, photography

starting at \$100/person  
Also available on a flow

### Make Your Own Sugar Scrub

Get your team together and make your own sugar scrub. This fun activity lets you create and share a relaxing moment with colleagues

Length: 1 hr

Min/Max: 25 minimum, no max

Inclusions: All staffing, equipment, hosting and instructor class, kit packaging and all products, pre-event and event coordination, taxes and gratuity, photography

starting at \$100/person  
Also available on a flow





### Superfoods Nutrition Class

starting at \$2,000 in group of 50

Learn the basics of nutrition, food combining, and essential vitamins and minerals to keep your body healthy & strong

Length: 1 hr

Min/Max: no minimum, no max

Inclusions: All Staff, instructor nutritionist, & gratuity, pre-event and event coordination, photography. Includes recipe planning, print outs and food costs.

### Chocolate Tasting

starting at \$140/person

Taste the world of chocolates from the origin cacao fruit, and seeds to the decadent truffles with team building games and prizes!

Length: 1.5 hrs

Min/Max: 25 minimum, no max

Inclusions: All staffing, set up, pre-event and event coordination, products and all mixing materials, photography & gratuity





# TEAM BUILDING





### Game Rental

Set up and rental of six (6) Glow in the Dark Games.. Games include: Bocce, Corn hole, Spike Ball, Connect 4, Frisbee Golf or Ladder Golf. Great for all ages!

Length: Up to 4 hrs

Min/Max: 4 hr minimum and 6 game minimum

Inclusions: Six Game rental, all delivery, set-up/breakdown, staffing & all coordination, gratuity

starting at \$2500 for 6 games and 2 staff

### Field Day

Play those Recess relay race games that we all love! Turn it up a notch with prizes and a Dodgeball tournament!

4 Relay Race Style Games that can include Dodgeball and kickball)

Length: 1.5 hrs

Min/Max: 25 minimum, no max

Inclusions: All game hosting, staffing, equipment, prizes, team bandanas, music, insurance, permit fees, pre-event & on-site coordination, gratuity, millions of memories!

starting at \$150/person



FIT CITY ADVENTURES



### Fit Quest Scavenger Hunt

Experience the blend of fitness and adventure. Solve clues, tackle physical challenges, and explore your city in this exhilarating quest. It's customizable by location and company, and powered by a high-end mobile app for an immersive tech hunt.

Length: 1.5 hrs

Min/Max: 25 minimum, no max

Inclusions: All staff, equipment, pre-event and event coordination, custom hunt planning, photography, gratuity

starting at \$150/person



### Minute 2 Win It

Join us for team mental and physical challenges for prizes!

Length: 1.5 hrs

Min/Max: 25 minimum, no max

Inclusions: All staff, gratuity, all games, supplies, set up/breakdown, pre-event and event coordination, photography & prizes

starting at \$150/person







### Hiking

Stroll the scenic trails of in this hike and enjoy the beautiful views while hearing from our guides on the flora, fauna and history of the area. Our first-aid certified guides lead the group through team building chats and unique stops along the trail.

Length: 1.5 hrs

Min/Max: 20 minimum, no max

Inclusions: Pre-event and on-site event coordination, guides, and waters, gratuity, photography

starting at \$110/person



### Hike & Sound Bath

Escape to serenity with our Hike and Sound Bath. Join us for a tranquil hike led by experts, where you can immerse yourself in the calming sounds of singing bowls and gentle percussion. Find inner balance and relaxation in nature's embrace.

Length: 1.5-2 hrs

Min/Max: 20 minimum, no max

Inclusions: Pre-event and on-site event coordination, guides, and waters, gratuity, photography

starting at \$165/person



### Ebike Tour

This tour on an e-bike takes the group through the parks and scenic areas. Learn about the surrounding area, nature, and enjoy a fun pit stops and photos along the way. Starting from shop or hotel valet (different pricing)

\*\$200 from bike shop and \$250 from hotel lobby

Length: 1.5 hrs

Min/Max: 20 minimum,

Max group size dependent on available equipment.

Tours in groups of 20. One guide per 6 bikers.

Inclusions: Pre-event and on-site event coordination, guides, and waters, gratuity, photography

starting at \$250/person

### Bikes & Bites

Join our Bike and Bites tour! Discover hidden gems, savor local food, and pedal through scenic city views. Suitable for all fitness levels. Burn calories while indulging in delicious bites - one stop for food and another for a non-alcoholic bev!

\*available in select cities

Length: 1.5 hrs

Min/Max: 20 minimum

Max group size dependent on available equipment.

Tours in groups of 20. One guide per 6 bikers.

Inclusions: pre-event and on-site event coordination, Guides, and waters, gratuity, photography

starting at \$350/person





# TEAM BUILDING

## Outdoor Adventure

### Choose Your Adventure Day

pricing available upon request

Customize your Choose Your Adventure Day! Options include two team-building activities and two wellness choices. Build teamwork and enjoy on-site or off-site wellness activities.

Length: 2-4 hrs

Min/Max: 25 minimum, no max

Inclusions: Pre-event and on-site event coordination, instructors/emcees, gratuity, photography

### The Ultimate Beach Day

starting at \$150/person

Get everyone involved in friendly competition games like Bocce Ball, Corn hole, Ladder ball, Spike ball and more. Perfect for all abilities, these games will challenge teams to work together.

Length: 1.5 hrs

Min/Max: 25 minimum, no max

Inclusions: All game hosting, emcee and sound, staffing, equipment, prizes, team bandanas, music, insurance, permit fees, pre-event & on-site coordination, gratuity photography



FIT CITY ADVENTURES





### Beach Volleyball

starting at \$150/person

Bump, set, spike! This unique event brings the beach volleyball pros to you in a training and fun competitive event.

Length: 1.5 hrs

Min/Max: 25 minimum, no max

Inclusions: All game hosting, emcee and sound staffing, equipment, prizes, team bandanas, music, permit fees, pre-event & on-site coordination, gratuity



### Pickleball

starting at \$175/person

Brings pros of the fastest growing sport, pickleball, to you or a nearby court in a training and fun competitive event that is fun for all levels. The first hour goes over the drills and skills and the second hour ends in round-robin winners.

Length: 2 hrs

Min/Max: 20 minimum, no max

Inclusions: All equipment, & staffing, photography, pre-event and on-site event coordination, gratuity





# TEAM BUILDING

## Outdoor Adventure

### Kayaking

Hit the coast on a sea kayak tour. Ride in a single or tandem kayak and learn about the marine life and how we are working to keep our oceans, lakes and rivers clean.

Length: 2 hrs

Min/Max: 25 minimum, no max

Inclusions: All Staff, instructor/guide & gratuity, equipment, pre-event and event coordination, photography

Notes: Bring towel, water, sunscreen

starting at \$180/person



### Surfing/ SUP

Reinvent your typical "Board Meeting" by stepping out of your building/office. Our creative approach to team building will enhance employee communication and teamwork in a relaxed atmosphere. We provide SUP (Stand Up Paddle Board) experiences to add an extra dimension of enjoyment and versatility.

Length: 1.5 hrs

Min/Max: 25 minimum, no max

Inclusions: Surfing guides and instruction for 90-minute beginning surf lesson, all equipment including foam board and wetsuit, pre-event and on-site coordination gratuity

Notes: 5 to 1 instructor. Bring towel, water, sunscreen

starting at \$220/person



# TEAM BUILDING

## Food & Beverage Events

### Cooking Challenge - Guac Rock

Join our fun emcee team and the resort chefs as we host and judge you in the ultimate guac-off! Make your best salsa and guacamole using creativity, special secret ingredients and win prizes! Can add margaritas for additional price.

Length: 1.5 hrs.

Min/Max: 25 minimum, no max

Inclusions: All staffing, emcees, PA/music and prizes, setup/teardown, all supplies and extra food ingredients from supply "store" & pre-event/event coordination, photography & gratuity

DOES NOT INCLUDE: Tables, linens, chairs and any additional serving ware; food ingredients- provided by the hotel

starting at \$140/person  
+\$30-\$50 F&B/person  
from the hotel

### Cooking Challenge - Sushi

Create two custom sushi rolls and enjoy a number of appetizers with prizes for creativity. Learn about the history of sushi and enjoy the delicious food with a professional chef and your team.

Length: 2 hrs

Min/Max: 25 minimum, no max

Inclusions: Pre-event and on-site event coordination, all food ingredients, instructor, set up time, photography & gratuity

DOES NOT INCLUDE: Tables, linens, chairs and any additional serving ware

starting at \$180/person





# TEAM BUILDING

## Art & Music Events

### Graffiti Madness

starting at \$200/person

Challenge your team to explore identity and creativity while having fun. Your teams will work directly with professional graffiti artists to create a big, bold, and colorful mural on canvas or wood through team challenges.

Length: 1.5 hrs

Min/Max: 25 minimum, no max

Inclusions: Graffiti Artists, staff, gratuity, Canvas murals, protective painting materials, artist quality spray paint, pre-event & event coordination, photography, a feeling of epic accomplishment

Does not include shipping, canvases can be rolled and brought back on plane or shipped separately. They are 3 ft x 5 ft.

### Paint Party

starting at \$175/person

Join us for a fun painting class and paint step-by-step with an artist, canvas and 100+ painting options.

Length: 1.5 hrs

Min/Max: 25 minimum, no max

Inclusions: All Staff, setup/ clean up, 90-minute paint workshop, instructor, paint, brushes, canvases, all supplies, gratuity, photography



### DJs

starting at \$1,500

Knows how to keep the party going. They use cool gear like turntables and mixers to mix songs and create smooth transitions. DJs are experts at reading the crowd and picking the perfect tracks to keep everyone dancing and having a great time.

Length: 2 hrs

Min/Max: 25 minimum, no max

Inclusions: All staff, gratuity, pre-event and event coordination, photography

### Silent Disco Dance Party

starting at \$1,500/hr

Experience the unique and enchanting Silent Disco Dance Party. With wireless headphones, immerse yourself in a realm of music, dance, and unity. Join a crowd of silent dancers, each lost in their personal beats yet connected through movement.

Length: 3 hrs

Min/Max: 25 minimum, no max

Inclusions: All staff, parking, set up and breakdown, pre-event and event coordination, and gratuity







# COMMUNITY SERVICE



### Bike Build + Tricycle Race

Join us for a series of team challenges that will require communication and teamwork to earn a bike to be assembled. The finished bicycles will then be donated to the local charity.

Length: 1.5 hrs

Min/Max: 25 minimum, no max

Inclusions: All staff, gratuity, all games, supplies, set up/breakdown, emcee and audio equipment, pre-event and event coordination, photography & prizes, bike donations

starting at \$225/person

### Golf & Give

Create mini-golf holes with canned goods and unique supplies in this “Shark Tank” style competition.

Length: 1.5 hrs

Min/Max: 25 minimum, no max

Inclusions: All staff, instructor & gratuity  
Equipment including music/speaker, set-up/breakdown, pre-event and event coordination, coordination and drop-off with charity, photography, gratuity

starting at \$175/person





# COMMUNITY SERVICE

## Experience Builds

### Surfboard Art Challenge

starting at \$165/person  
+\$550/surfboard groups of 8-10

Join forces on designing and painting surfboards that will be donated to a local non-profit surf clinic. Engage with one another while giving back!

Length: 1.5 hrs or on a flow

Min/Max: 25 minimum, no max

Inclusions: All staff, instructor & gratuity, all supplies including acrylic paint pens, markers, table clothes, stencils, tape, scissors, equipment, set-up/breakdown, pre-event and event coordination, coordination and drop-off with charity, photography

### Ramp It Up Skateboard Build

starting at \$165/person  
+\$250/skateboard groups of 8-10

Customize the sickest skateboards to hit the street through team-building games and challenges. The custom boards will be donated to the local charity!

Length: 1.5 hrs or on a flow

Min/Max: 25 minimum, no max

Inclusions: PA system and all supplies including boards, paint and tools, professional emcee, staff, equipment, set-up/breakdown, pre-event and event coordination, coordination and drop-off with charity, photography



FIT CITY ADVENTURES

### Super Hero & Fluffy Friends Kits

Join us as we give out Superhero Care Kits to every child in foster care that will remind them how amazing they are. This includes capes, shields and masks that will be delivered to hospitals and kids camps.

Length: 1.5 hrs or on a flow

Min/Max: 25 minimum, no max

Inclusions: All staff, instructor & gratuity, equipment including music/speaker, set-up/breakdown, pre-event and event coordination, coordination and drop-off with charity, photography

\$125/person  
+\$50/kit



### Pet Care Kits

Put together pet care kits virtually to drop off at select charities while getting closer as a team! This includes toys, kibble, treats and a decorated box! Play games to win supplies and take photos.

Length: 1.5 hrs or on a flow

Min/Max: 25 minimum, no max

Inclusions: All staff, instructor & gratuity, equipment including music/speaker, set-up/breakdown, pre-event and event coordination, coordination and drop-off with charity, photography

\$125/person  
+\$50/kit





# COMMUNITY SERVICE

## Clean & Plant

### Farm to Table Tour

Experience a farm-to-table tour with a 30-minute farm tour, 30-minute hands-on activities, and 30-minute seasonal food tasting.

Length: 1.5 hrs

Min/Max: 25 minimum, no max

Inclusions: Pre-event and on-site event coordination, guides, food & drink, gratuity, photography,

starting at \$140/person  
\*dependent on season  
and location

### Hike & Help The Planet

Enjoy a guided hike that combines environmental education with tree planting, weeding, and clearing. Get your hands dirty and help the planet!

Length: 1.5 hrs.

Min/Max: 25 minimum, no max

Inclusions: Pre-event and on-site event coordination, guides, and waters, gratuity, photography

starting at \$140/person  
\*dependent on season  
and location

### Beach Cleanup

Enhance your corporate retreat with a local beach clean-up! We offer team building beach activities and prizes for the most trash/unique trash and trash trivia!

Length: 30-45 minutes.

Min/Max: 25 minimum, no max

Inclusions: Trash pickers, buckets & team building questions, trivia and prizes for most unique trash, as well as a donation to a local cleanup organization.

starting at \$2,500



FIT CITY ADVENTURES

## Puppy Yoga

A joyful practice that combines yoga with adorable puppies. Participants enjoy their yoga session while surrounded by playful and friendly puppies, creating a happy and relaxing atmosphere.

Length: 1 hr

Min/Max: 25 minimum, no max

Inclusions: puppies from local pet shelters upon request

starting at \$1,500/donation  
+ \$2,000 yoga class fee



## Mural Painting

A custom mural event, led by skilled artists, fosters teamwork, communication, and problem-solving as teams create captivating murals.

Length: 1.5 hrs

Min/Max: 25 minimum, no max

Inclusions: Mural Artists, staff, gratuity

Sourcing of location with a focus on beautifying a non profit, Protective painting materials, Pre-event & event coordination and photography

starting at \$7,500





# ADD-ONS





## Food Trucks, Picnics & Bento Boxes

starting at \$5,500

Enjoy a sampling of different foods on site at your event with a licensed food truck.

Length: 1.5 hrs

Min/Max: \$5,500 no max

Inclusions: All staffing, set up and breakdown and all products for tasting, pre-event and event coordination, gratuity



## Bonfire

starting at \$3,500

Elevate your corporate retreat with a memorable bonfire experience! Gather around the fire, toast marshmallows, and bond under the starry sky.

Length: 2 hrs

Min/Max: 25 minimum, no max

Inclusions: All staffing, set up and breakdown and pre-event and event coordination, gratuity







## Glow Event

starting at \$2,000 in group of 50

Put on your neon attire and get ready for an incredibly radiant adventure at our Glow Event! Whether it's a 5K run, yoga session, or any other activity, we'll enhance your experience with glow-in-the-dark body paint, light-up bracelets, rings, wands, and more for the ultimate glow party. Join us to light up the night!

Length: 1 hr

Min/Max: no minimum, no max

Inclusions: All Staff, instructor, & gratuity, equipment including music/speaker, pre-event and event coordination, photography



FIT CITY ADVENTURES

## Pool Sound Bath

starting at \$2,000 in group of 50

Experience deep relaxation with our Pool Sound Bath featuring crystal bowls in the water. And for poolside loungers, enjoy Acupressure Ear Seeds, a gentle touch for ultimate relaxation.

Length: 1 hr

Min/Max: no minimum, no max

Inclusions: All Staff, instructor, & gratuity, equipment including music/speaker, pre-event and event coordination, photography





## Coconut Branding Experience

starting at \$3,500

Custom coconuts, adorned with your logo, create a truly immersive and unforgettable atmosphere for your attendees. As they work up a sweat, they can replenish their energy with revitalizing coconut water straight from the source. These personalized coconuts also make fantastic keepsakes for guests to take home.

Length: 1 hr  
Min/Max: 25 minimum, no max  
Inclusions: All Staff, instructor & gratuity, pre-event and event coordination, photography



## Live Music for Wellness Events

starting at \$1,500

Combines the benefits of yoga with the immersive experience of live music. Participants practice yoga while being accompanied by a live musician or band, creating a harmonious and inspiring atmosphere.

Length: 2 hrs  
Min/Max: 25 minimum, no max  
Inclusions: All staff, gratuity, pre-event and event coordination, photography





## Health Bar: B12 + Juice Shot

starting at \$175/person

A tasty snack combining a health bar and a juice shot, packed with wholesome ingredients, vital nutrients, and vitamin B12 for a natural energy boost.

Length: 1-2 hrs

Min/Max: 25 minimum, no max

Inclusions: Locally sourced juices, B12 shots, nurse practitioner, all staff, gratuity, pre-event and event coordination, photography

## Meditation Headsets

starting at \$2,000 up to 50 people

Pre-loaded headsets with guided meditation channels, delivery, setup, staffing.

Length: TBD

Min/Max: 25 minimum, no max

Inclusions: headsets and transmitter

## Photography + Framed Photos

starting at \$1,500  
based on 2 hours

Professional photography meets timeless framing. Our expert photographer will capture events 2 hours and you choose the best photos for printing and framing.



SUNSHINE VENTURES



# ADD-ONS

## Branded Essential Oils & Wellness Gifts

Concentrated plant extracts used for aromatherapy and natural remedies. They smell great, have mood and health benefits, and can be used in diffusers, on the skin (diluted), or mixed into various products.

starting at \$50/oil

## Branded Yoga Mats & Fitness Gifts

Essential for yoga. They provide comfort, support, and stability during wellness activities. Lightweight, portable, and create a personal space for attendees.

starting at \$75/mat

## Videography + Highlight Reel

Capture the special moments of your event with 2 hours of videography and a 60 second edited highlight reel to relive the memories again and again

starting at \$1,500  
based on 2 hours







## Welcome Wellness Box

Unbox a world of well-being with our curated selection of self-care essentials. Customize your box with items such as essential oils, eye pillow, CBD lotion, nourishing foot balm, resistance band, and more.

starting at \$100 small  
\$150 medium  
\$200 large  
based on 50 minimum

## Branded Eye Mask

Soothe your tired eyes and after a full day of meetings with this therapeutic hot/cold eye mask, made of plush gel beads.

starting at \$25 each  
based on 100 minimum

## Branded CBD Lotion Samples

Discover the soothing relief of our CBD lotion in these powerful packets. Formulated with premium CBD extract, This lotion offers an effective way to to alleviate tired muscles and experience relaxation.

starting at \$25 each  
based on 50 minimum

## Quick Dry Hand Towel

Compliment your fitness classes with a branded towel to wipe the sweat after a high impact bootcamp class or a 5K

starting at \$20 each  
based on 50 minimum



# ADD-ONS

## Branded Bootcamp Bands

Elevate your fitness class with our branded bootcamp bands. Offering varied level of resistance, attendees will feel the burn!

starting at \$25pp  
based on 50 minimum

## Branded Water Bottles for Charity

Be the change you want to see with these reusable plastic bottles that make a donation to a charitable organization everytime you refill. Reuse it 2x to offset carbon emissions generate in production.

starting at \$40 each  
based on 120 minimum

## Snacks

Satisfy your cravings with our health-conscious snack collection. A great addition to a fitness event, such as a 5K or bootcamp class.

starting at \$25 each  
based on 50 minimum

## Ecostiks

Amplify your message responsibly with our versatile Ecostiks for sustainable visibility. The only stick on patch made from recycled plastic water bottles environmentally friendly inks. Ecostiks can be used to customize almost any item.

starting at \$12 each  
based on 50 minimum

[Click here: Add-on Flyer](#)

